

## Hampden County Commission on the Status of Women and Girls Agenda July 8, 2021 6:00 PM - 8:00 PM Online via Zoom: <a href="https://zoom.us/j/6895726626?pwd="https://zoom.us/j/6895726626?pwd="https://zoom.us/j/6895726626?pwd="https://zoom.us/j/6895726626?pwd="https://zoom.us/j/6895726626?pwd="https://zoom.us/j/6895726626?pwd="https://zoom.us/j/6895726626?pwd="https://zoom.us/j/6895726626?pwd="https://zoom.us/j/6895726626?pwd="https://zoom.us/j/6895726626?pwd="https://zoom.us/j/6895726626?pwd="https://zoom.us/j/6895726626?pwd="https://zoom.us/j/6895726626?pwd="https://zoom.us/j/6895726626?pwd="https://zoom.us/j/6895726626?pwd="https://zoom.us/j/6895726626?pwd="https://zoom.us/j/6895726626?pwd="https://zoom.us/j/6895726626?pwd="https://zoom.us/j/6895726626?pwd="https://zoom.us/ij/6895726626?pwd="https://zoom.us/ij/6895726626?pwd="https://zoom.us/">https://zoom.us/j/6895726626?pwd="https://zoom.us/j/6895726626?pwd="https://zoom\_style.us/">https://zoom.us/j/6895726626?pwd="https://zoom\_style.us/">https://zoom.us/j/6895726626?pwd="https://zoom\_style.us/">https://zoom.us/j/6895726626?pwd="https://zoom\_style.us/">https://zoom.us/j/6895726626?pwd="https://zoom\_style.us/">https://zoom.us/j/6895726626?pwd="https://zoom\_style.us/">https://zoom\_style.us/</a> Please contact <a href="https://com">https://com</a> for the meeting password </a>

I. Call to Order and Roll Call

II. Discussion with our featured guest, Ysabel Garcia, MPH - Founder of Estoy Aqui

- **III.** Public Speak Out (15 min.)
- IV. Approval of minutes from June 10, 2021
- V. Chair Report
- VI. Vice-Chair Report
- VII. Old Business
  - a. None
- VIII. New Business
  - a. HCCSWG Leadership Team Meeting
  - b. Upcoming Events
    - i. No Meeting in August- Summer Break
    - ii. 2021-2022 Meeting Calendar
      - 1. In-person/Hybrid event planning
    - iii. September 9th Meeting featured guest TBD

## VIII. Mass Commission Updates

- a. Planning for a September Regional Convening
- b. Collaboration with our Liaison for more events with elected leaders.

## **About Our Featured Guest:**



Ysabel Garcia (she/her/hers) MPH, is a suicide prevention and social justice educator who uses her story as a first-generation Dominican immigrant and psychiatric survivor to dismantle myths about mental health and

suicide in her community. She is the founder of Estoy Aqui, an initiative that highlights the sociocultural factors surrounding suicide in the Latino/Latinx and the Black community by providing racial justice training, intergroup dialogue, and circle practice. In specific, her outreach program called La Cultura Sana promotes sources of culturally relevant mental health support to lower dependence on the criminal justice and psychiatric system.