



## A Word from Our Principal:

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Everyone is welcome to join us on Tuesday November 10th at 2:00pm to honor our Veterans. Each Class will present a short performance.



Special Guests include Marilyn Bolaske and local Veterans.

### *Attention Families:*

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It is time to start thinking about the upcoming December Holidays!



If you and your family are in need of help providing gifts for your children please contact Mr. Zinkus, with the age and gender of the children in need. This can be done anonymously.

Please Call with Needs before November 13th

### *Have Concerns?*

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*If you need to schedule a meeting with Mr. Zinkus, please feel free to contact the school.*

*Arrangements can be made for early morning or evening appointments should the need arise.*

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**Reading Connection  
with  
Ms. Christine Nowacki  
Title I Reading Teacher**

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## Time for a story

Want to spend time with your youngster, build her reading skills, and help her learn to love books? You can do all three when you read aloud to her. Here are some suggestions.

### **Read regularly**

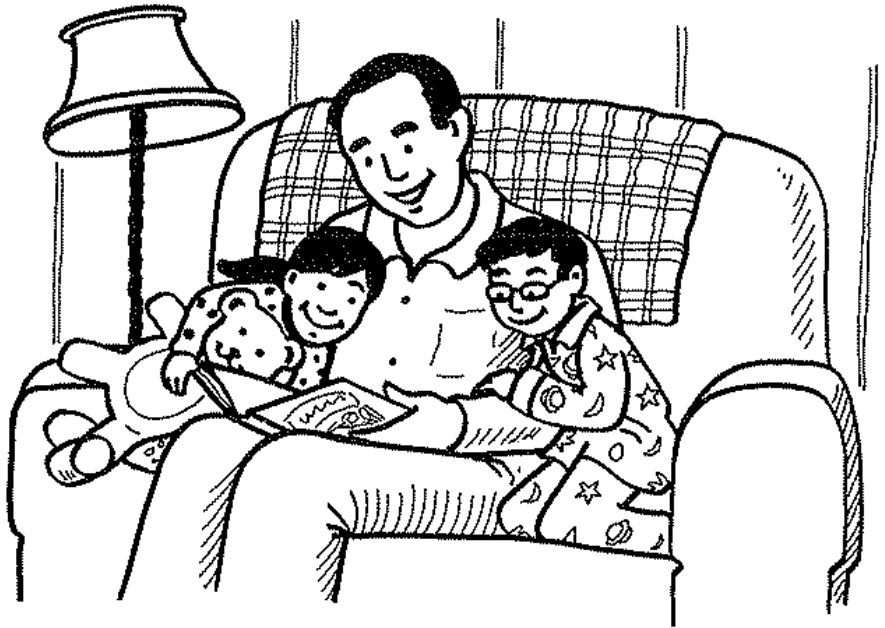
Try to read to your child every day. You might aim for 10–15 minutes of bed-time reading for a peaceful end to the day. Bring along a book, and read to her during a sibling's sports practice. Or curl up together with a book when you get home from work.

### **Take turns choosing books**

Your youngster may want to hear old favorites again and again. Use your turn for new titles and variety (nonfiction, poetry).

### **Let her participate**

Ask your child to turn the pages while you read. Also, she can finish sentences that rhyme or fill in words she knows.



Go slowly so she has time to understand the story and look at the illustrations. She'll enjoy read-aloud time more if she plays an active role.

### **Be playful**

You can use different voices for different characters (a high, squeaky voice for a mouse or a deep, booming voice for a horse). Or substitute your youngster's name for the main character's name, and use family members' names for other characters. *Note:* You don't have to be an expert reader—your child will love it when you read aloud because it's you. ♥

## Family Literacy Night:

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Wales Elementary School will have a Family literacy night on Tuesday November 3rd. Students will bring home a book to read with their family. Parents are encouraged to read with their children for 15 minutes or more. Please return books on Thursday November 5th.

Research reveals that parents and adults at home can be the best teachers in each child's life.



## Brrr... It's Cold

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As the cold weather approaches, please make sure that your child is appropriately dressed. Children go outside for recess when the temperature is 20° or above. Dressing children in layers will help keep them comfortable both in and out of school.

## Staff Spotlight: Kaitlyn Smith—Speech Pathologist

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Mrs. Smith is one of the newest members here at Wales Elementary. Previous to working at Wales Elementary, Mrs. Smith was employed at the Kennedy Donovan Center in Southbridge where she worked with children up to three years of age. Mrs. Smith works at Wales Elementary on Tuesdays and Thursdays. She works with students to improve speech and language development. If you have any questions or concerns regarding your child email Mrs. Smith at [smithk@tantasqua.org](mailto:smithk@tantasqua.org)



## **PRESCHOOL SCREENING:**

### *Screening for Disabilities for Children Ages 3-5 Wales Elementary School*

Wales Elementary School will be providing evaluations by appointment for children ages 3-5. If you are concerned that your child may have a disability, please contact Wales Elementary School to set up an appointment for Thursday, December 3, 2015. If you have any questions about this process, please feel free to call the school at 413-245-7748.

## **REMINDERS:**

### ► **1/2 Day Procedures:**

**Breakfast is served on half-days. Lunch is not. School is dismissed at 11:45 on half-days. Preschool will not be in session on Early Release Professional Development Days.**

### ► **Party Invitations:**

**Please do not send party invitations to school to be distributed in class unless everyone is invited. Children's feelings are hurt when they do not receive an invitation. Thank you for your co-operation.**

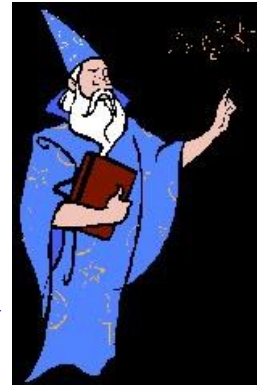
### ► **Notices:**

**Just a reminder that Wednesday is "NOTICE DAY". All notices to be sent home must be received by the close of school on Tuesday in order to be distributed on Wednesdays.**

## WALES WIZARDS SHIRTS AVAILABLE:

There are still some wales wizards shirts available in Various Sizes. Please contact the school for more information!

► Wear your Wales Wizards shirt on Fridays for School Spirit Days



## Thanksgiving Day

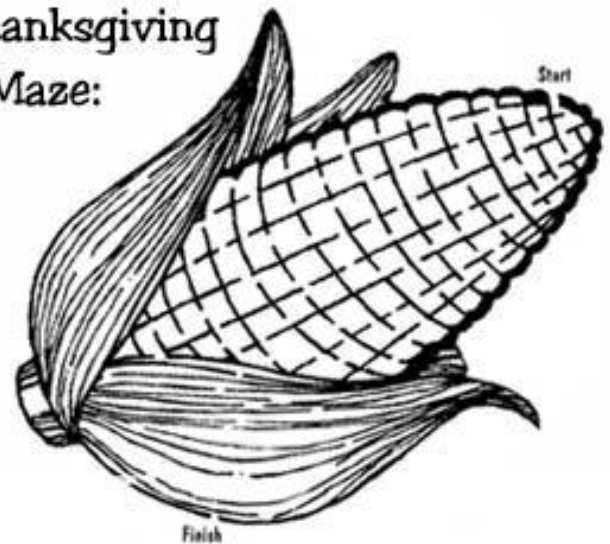
### A Thanksgiving Maze:

C	P	O	T	A	T	O	E	S	P	I	G
Y	E	K	R	U	T	Z	P	I	N	P	
M	A	Y	F	L	O	W	E	R	L	D	R
S	T	U	F	F	I	N	G	M	G	I	B
H	T	U	O	M	Y	L	P	L	R	A	H
T	H	A	N	K	S	G	I	V	I	N	G
R	E	B	M	E	V	O	N	N	M	S	S
K	H	O	L	I	D	A	Y	B	S	S	M
R	T	S	E	V	R	A	H	P	I	I	A
N	O	I	T	A	R	B	E	L	E	C	Y
P	U	M	P	K	I	N	P	I	E	R	R
A	I	P	O	C	U	N	R	O	C	F	X

CELEBRATION  
CORNUCOPIA  
HARVEST  
HOLIDAY

INDIANS  
MAYFLOWER  
NOVEMBER  
PILGRIMS  
PLYMOUTH

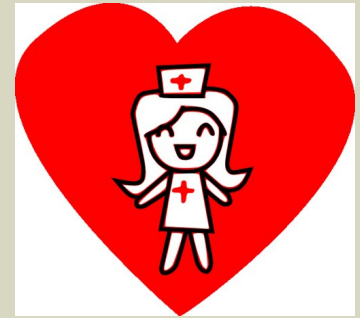
POTATOES  
PUMPKIN PIE  
STUFFING  
THANKSGIVING  
TURKEY  
YAMS



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[www.Reading-With-Kids.com](http://www.Reading-With-Kids.com)

# From the Nurse:



## Is It a Cold or the Flu?

Your child is sent home from school with a sore throat, cough, and high fever — could it be the flu that's been going around? Or just a common cold?

Although the flu (or influenza) usually causes symptoms that make someone feel worse than symptoms associated with a common cold, it's not always easy to tell the difference between the two.

## Symptoms Guide

The answers to these questions can help determine whether a child is fighting the flu or combating a cold:

### Flu vs. Colds: A Guide to Symptoms

Questions	Flu	Cold
Was the onset of illness ...	sudden?	slow?
Does your child have a ...	high fever?	no (or mild) fever?
Is your child's exhaustion level ...	severe?	mild?
Is your child's head ...	achy?	headache-free?
Is your child's appetite ...	decreased?	normal?
Are your child's muscles ...	achy?	fine?
Does your child have ...	chills?	no chills?

If most of your answers fell into the first category, chances are that your child has the flu. If your answers were usually in the second category, it's most likely a cold.

But don't be too quick to brush off your child's illness as just another cold. The important thing to remember is that flu symptoms can vary from child to child (and they can change as the illness progresses), so if you suspect the flu, call the doctor. Even doctors often need a test to tell them for sure if a person has the flu or not since the symptoms can be so similar!

Some bacterial diseases, like strep throat or pneumonia, also can look like the flu or a cold. It's important to get medical attention immediately if your child seems to be getting worse, is having any trouble breathing, has a high fever, has a bad headache, has a sore throat, or seems confused.

While even healthy kids can have complications of the flu, kids with certain medical conditions are at more of a risk. If you think your kid might have the flu, contact your doctor.

## Treatment

Some kids with chronic medical conditions may become sicker with the flu and need to be hospitalized, and flu in an infant also can be dangerous. For severely ill kids or those with other special circumstances, doctors may prescribe an antiviral medicine that can ease flu symptoms, but only if it's given within 48 hours of the onset of the flu.

Most of the time, you can care for your child by offering plenty of fluids, rest, and extra comfort.

And if the doctor says it's not the flu? Ask whether your child should get a flu vaccine.

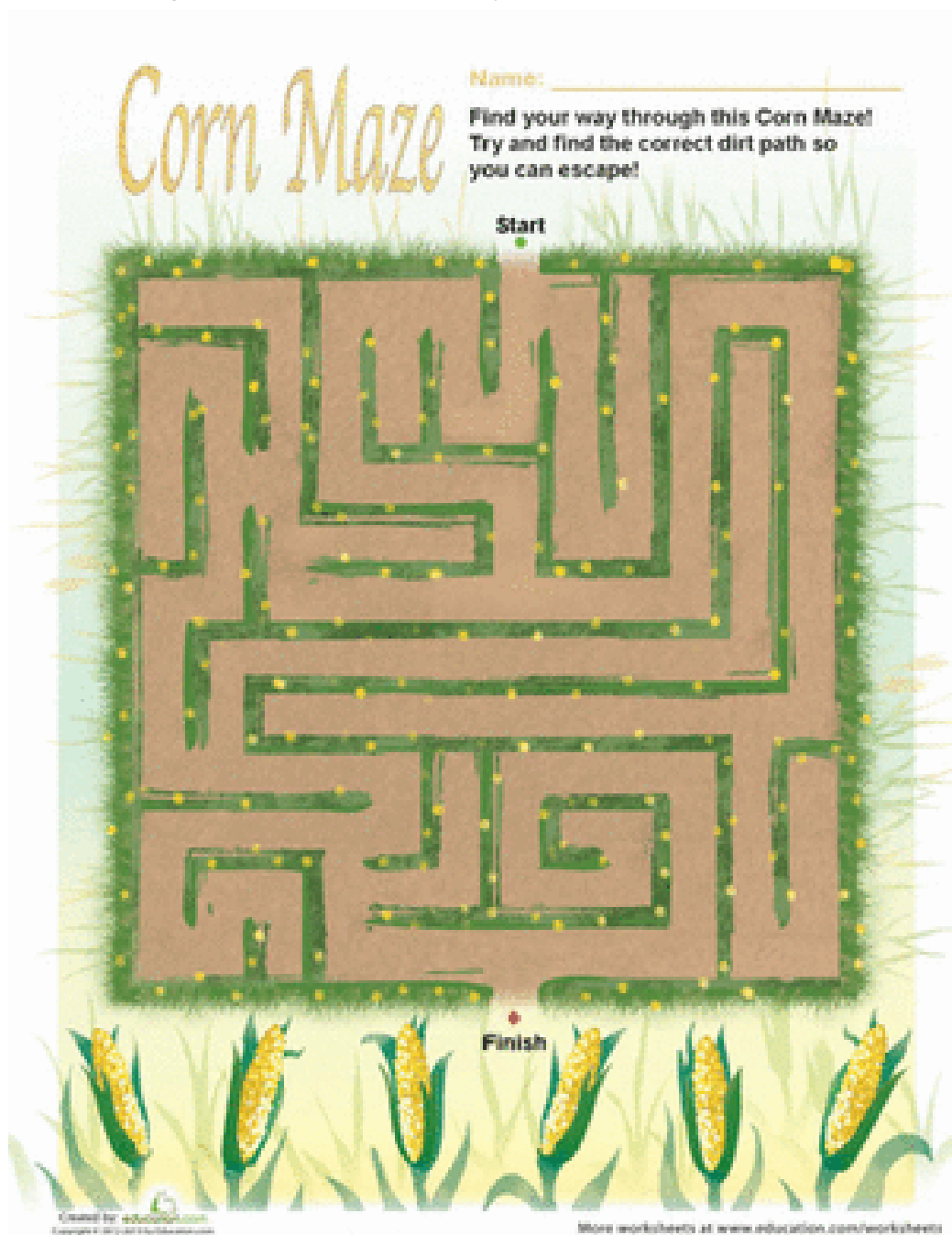
# Art News



*Collaborative effort from Students  
in 3<sup>rd</sup>, 4<sup>th</sup> and 5<sup>th</sup> grade*

## Fun Turkey Facts:

- Turkeys will have 3,500 feathers at maturity.
- Male turkeys gobble. Hens do not. They make a clucking noise.
- In the US, about 280 million turkeys are sold for the Thanksgiving celebrations.
- Commercially raised turkeys cannot fly.
- Turkeys have heart attacks. The United States Air Force was doing test runs and breaking the sound barrier. Nearby turkeys dropped dead with heart attacks.
- The heaviest turkey ever raised was 86 pounds, about the size of a large dog.
- Californians are the largest consumers of turkey in the United States.





Banker Jr. from Country Bank teaches children good saving and spending habits, encourages giving to others, and provides math skills practice.

Smart financial skills are vital for kids to learn as they grow up. That's why Country Bank provides Banker Jr. FREE of charge to our community.

- Games teach financial knowledge & skills.
- Kids track spending, saving & giving goals.
- App creates positive family conversations around money.
- Banker Jr. is safe to use & tracks money virtually.\*

\* The app does not connect to accounts at Country Bank.



Search for "Country Banker Jr." in the App Store or on Google Play.

## School Banking Schedule:

Friday November 6th

Friday November 20th



FEDERATION FOR CHILDREN  
WITH SPECIAL NEEDS

The Federation for Children with Special Needs  
presents

***BASIC RIGHTS***  
***In Special Education***  
***A Workshop for Parents and Professionals***

The Basic Rights workshop provides families with an introduction to their rights and responsibilities under:

- **Individuals with Disabilities Education Act (IDEA)**
- **Massachusetts Special Education Law**

This workshop is designed to help parents learn to be effective partners with their child's school to decide their child's eligibility for special education, and to plan, make decisions and monitor their child's progress in school.

**Date: Tuesday, December 8, 2015**

**Location: Joshua Hyde Library 306 Main St. Sturbridge**

**Time: 6:30 – 8:30**

**Contact: : [union61.sepac@gmail.com](mailto:union61.sepac@gmail.com) 774-272-5577 Kim**

Questions regarding this workshop should be directed to the contact individual listed above. A presenter from the Federation for Children with Special Needs will conduct this workshop. Federation workshops are free and open to the public. You are welcome to attend any workshop in or outside of your immediate community.

**Save the Date for FCSN's Annual Conference 2016!**

The Federation's Visions of Community conference 2016 will take place on **Saturday, March 5, 2016** from 8am-5pm at the Seaport World Trade Center, Boston.

**The Federation for Children with Special Needs**  
**Schrafft Center, 529 Main Street, Suite 1M3 Boston, MA 02129**  
**617-236-7210 or 800-331-0688, ext. 0 or <http://fcsn.org/pti/workshops/home.php>**

The Federation for Children with Special Needs, supported in part by grant #H328M140014 from the U.S. Department of Education, Office of Special Education Programs and the Massachusetts Department of Education.

# NOVEMBER 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
	<i>School Council</i>	<i>Picture Orders</i>	<i>Picture Re-take</i>		<i>School Banking</i>	
8	9	10	11	12	13	14
		<i>Veteran's Program 2pm</i>	<i>No School</i>			
15	16	17	18	19	20	21
			<i>School Committee 6pm</i>		<i>School Banking</i>	
22	23	24	25	26	27	28
			<i>Early Release 11:45 Pre- School In Session</i>	<i>No School  Happy Thanksgiving</i>	<i>No School</i>	
29	30					

