

Wales Window

April 2016

Wales Elementary School

Kindergarten Screening:

Kindergarten screening will be held on May 26th for children who will be 5 years old by August 31, 2016. If your child has been previously screened for Preschool, there is no need to repeat the screening process. If you have not received notification from the Wales Elementary School regarding this screening, please call 413-245-7748.

Wales Preschool:

All children who were born in 2012 and 2013 are eligible for our preschool program. For information, please call 413-245-7748. Preschool screening will be held on May 26, 2016. If your child has been previously screened for Preschool, there is no need to repeat the screening process.



Reading Connection
With
Ms. Nowacki, Title 1 Reading Teacher



10 Ways to Help Reluctant and Struggling Readers

1. Determine the reason for the reluctance and struggling. Is it because the child can't read, can read but chooses not to, or can read but can't find anything interesting to read?
2. Remember to offer encouragement and positive praise.
3. Talk with your child about why he or she is no longer reading. The discussion may be revealing.
4. Remember the importance of the read-aloud. Your child may miss the reading time together. Returning to the read-aloud may help your child reconnect to reading.
5. Consider starting at the beginning of the reading process. Work on rhymes, initial sounds, blending sounds to form words, and letter recognition.
6. Try to determine where the reading problems are. Is the child having trouble with vocabulary, comprehension, or fluency? Work on those areas.
7. Does the child need to have an eye exam?
8. Help your child find books that are most interesting to read.
9. Play some reading-related traditional games like Scrabble, Scrabble Jr., and Upwords; and simple games like Memory, Go Fish, and Tic-Tac-Toe with letters instead of pictures.
10. Ask your child to do some reading around the home. This includes reading recipes, writing the shopping list, and looking up a telephone number.





FIRST AID: Tick Bites

From the Nurse's Office

While most tick bites are harmless and don't require medical treatment, some ticks (like the deer tick, wood tick, and others) can carry harmful germs and cause diseases like [Rocky Mountain spotted fever](#) and [Lyme disease](#). The deer tick is tiny, no larger than a pencil point. Other ticks are larger and easier to find on the skin.

Signs and Symptoms Of Tick-Related Diseases:

- a red bump ringed by an expanding red rash, which looks like a bull's-eye (Lyme disease)
- red dots on the ankles and wrists (Rocky Mountain spotted fever)

flu-like symptoms such as [fever](#), [headache](#), fatigue, [vomiting](#), and muscle and joint aches

What to Do

If the tick is still attached to the skin, follow these steps:

1. Use tweezers to grasp the tick firmly at its head or mouth, next to the skin.
2. Pull firmly and steadily until the tick lets go of the skin. Do not twist the tick or rock it from side to side. If part of the tick stays in the skin, don't worry. It will eventually come out on its own.
3. Release the tick into a jar or zip-locked bag in case you want to have it identified later on.
4. Wash your hands and the site of the bite with soap and water.
5. Swab the bite site with alcohol.

Never use petroleum jelly or a hot match to kill and remove a tick. These methods don't get the tick off the skin, and can cause the insect to burrow deeper and release more saliva (which increases the chances of disease transmission).

Seek Medical Care If:

- The tick might have been on the skin for more than 24 hours.
- Part of the tick remains in the skin after attempted removal.
- A rash of any kind develops (especially a red-ringed bull's-eye rash or red dots on wrists and ankles).
- The bite area looks infected (increasing warmth, swelling, pain, or oozing pus).

Symptoms like fever, headache, fatigue, [stiff neck](#) or back, or muscle or joint aches develop.

Think Prevention!

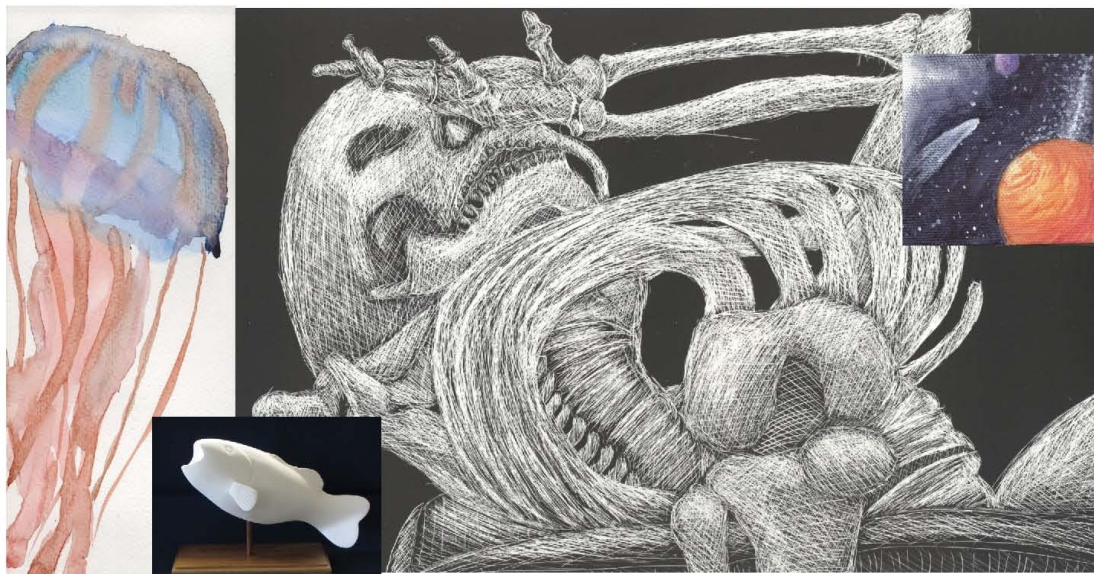
- After kids play outside, check their skin and hair — especially the scalp, behind the ears, around the neck, and under the arms.
- When playing in wooded areas, kids should wear long-sleeved shirts and pants and tuck pant legs into their socks.

Use an [insect repellent](#) with at least 10% to 30% DEET for protection against bites and stings in kids older than 2 years, always carefully following the directions for application.

- Avoid tick-infested areas.

YOU ARE INVITED

To Tantasqua High School's **NEW! Science & Art Fair**
on **TUESDAY EVENING**, April 5 from 5:30 till 8:00pm



See what our district's children are learning as they explore and invent in the Arts and Sciences!

Discover fabulous new wall murals in our high school's hallways, created by a select team of Tantasqua Senior High School's student painting artists.

Browse the wondrous exhibits of student artworks from around the region, grades K through 12!

Purchase a student-created ceramic bowl, jewelry, a handwoven tapestry or fine art print.

Enjoy presentations by Tantasqua High School students displaying their independent research projects in science and engineering!



Spring Time

Word Link Puzzle

Read the clues at the bottom of the page to help link two parts of each word together to make a complete word. Draw a line from the first part of the word to the second part of the word and fill in the blanks on each line.

- | | |
|------------------|---------|
| 1. SEA _____ • | • ND |
| 2. WI _____ • | • ERS |
| 3. LEA _____ • | • RTH |
| 4. BI _____ • | • IN |
| 5. WA _____ • | • VES |
| 6. RE _____ • | • NEW |
| 7. RA _____ • | • EDS |
| 8. BUTT _____ • | • ERFLY |
| 9. SE _____ • | • RM |
| 10. FLOW _____ • | • SON |

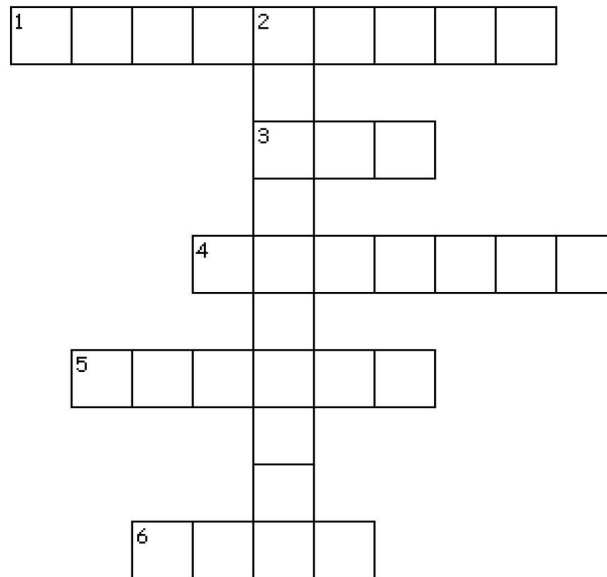
- | | |
|---|--|
| 1. There are four of these each year, and spring is one of them | 6. Become new again |
| 2. Gust of air | 7. Water falling from the sky |
| 3. Foliage is made up of these | 8. Insect with brightly colored wings |
| 4. Beginning of something new | 9. Put these in the ground to make plants grow |
| 5. Not too hot; not too cold | 10. Plants that are cultivated or appreciated for their blossoms |

**FUN
AHEAD**

School Banking: April 1 & 15



Savings Makes Sense Crossword Puzzle



Across

1. You get paid this for doing chores
3. You need this many punches to earn a prize
4. This president is on a penny and the \$5.00 bill
5. What is it called that shows how you will spend your money
6. Where is a safe place to put your money

Down

2. This president is on the \$1.00 bill and the quarter

WORD BANK: Washington, six, budget, Lincoln, allowance, bank

Sign up today for the School Banking Program to make saving money even easier. If you are interested in participating and are not already enrolled, contact the Financial Education Department at 1-800-322-8233, for more information.



For Financial Literacy.

Member FDIC/DIF



Savings Makes Sense Word Search

K	D	M	T	G	H	X	B
S	E	O	S	G	Y	U	H
O	P	N	E	E	D	L	T
V	O	E	R	G	Z	O	N
W	S	Y	E	A	C	O	A
I	I	T	T	Q	P	H	W
Y	T	K	N	A	B	C	I
G	P	R	I	Z	E	S	V

BANK

BUDGET

DEPOSIT

INTEREST

MONEY

NEED

PRIZES

SCHOOL

WANT

Sign up today for the School Banking Program to make saving money even easier. If you are interested in participating and are not already enrolled, contact the Financial Education Department at 1-800-322-8233, for more information.



Member FDIC/DIF

April 2016 WES Lunch Menu

This institution is an equal opportunity provider

Make Checks payable to: Town of Wales

This institution is an equal opportunity provider. All Students regardless of race, color, sex, gender identity, religion, national origin, sexual orientation, disability, or homelessness, have equal access to the general education program and the full range of any occupational/vocational education programs offered by the district

Mon

**Breakfast Bar/Cereal/
Milk/Fruit/Juice**

Tue

**Muffins/Cereal/
Milk/Fruit/Juice**

Wed

**Donuts/Cereal/
Milk/Fruit/Juice**

Thu

**Yogurt/Cereal/
Milk/Fruit/Juice**

Fri

**Pop tart/Cereal/
Milk/Fruit/Juice**

Breakfast: FREE For Students/ \$1.75 for Adults. (Pre-K invited to attend a grab n' go breakfast bag available every day) Cereal, juice, 1% or fat free milk & fruit available every breakfast.

Lunch: FREE for Students/ \$3.50 for Adults (Pre-K invited to attend)

1% , Fat Free or Fat Free Flavored Milk: 50¢ All breads, pastas and crackers are whole wheat or whole grain. All lunches served with fruit and milk.

All snacks are \$.50 each. Snacks available are: 1% Milk and Fat Free Flavored Milk, Bottled Water, Juice/Orange and Apple , Smartfood Popcorn, Sunchips, WG Goldfish, WW Pretzels

1

EARLY RELEASE

4

Pork Patty/Oven Fries
Baked Beans/Broccoli
Applesauce

5

Chicken Salad on
WW Wrap/WG Soft
Pretzel Rods/Pickles/
Cranberry Sauce

6

French Toast Sticks
Hash Browns/
Sausage Apple Juice/
Orange Juice/
Peaches

7

Ham & Cheese
Sandwich on WW
Bread/Macaroni
Salad/Baby Carrots/
Pears

8

WG Stuffed Crust
Cheese Pizza/ Green
Beans/Applesauce

11

WG Chicken
Nuggets/Brown Rice/
Broccoli/ Mixed Fruit

12

Hamburgers or
Cheeseburgers WW
Roll/Baked Beans/
Carrots/Pears

13

Turkey Franks on WW
Bread/ Oven Fries
Corn/Peaches

14

Cheese Quesadilla
Cole Slaw/Salsa
Cucumber Slices
Applesauce

15

Turkey Sandwich on
WW Bread/Sun chips
Pickles/Apple

18



19

SPRING VACATION!

20

21

22



25

French Toast Sticks
Hash Browns/
Sausage Apple Juice/
Orange Juice/
Strawberries

26

Chicken Teriyaki Dip-
pers/Sweet & Sour
Sauce/Brown Rice
Baked Beans/Pears

27

Crispy Chicken Patty
on WW Roll/
Pasta Salad/
Carrots/Mixed Fruit

28

Tacos with Hard or
Soft Shell/Lettuce
Cheese/ Salsa
Peaches

29

WG Stuffed Crust
Cheese Pizza/
Broccoli/ Applesauce

April Dates to Remember:

April 1st—Early Release Day 11:45 (No Preschool)

April 1st—School Banking Day

April 8th—Relay for Life

April 13th—Spring Pictures 9:30am

April 13th—School Committee Mtg 6:00pm

April 15th—School Banking

April 18-22—No School—Spring Vacation

April 20th—Town Caucus

April 25th—June 6th—PARCC Testing

May 2nd—6th—Staff Appreciation Week

LOW COST April Vacation Fun:

1. Get outside and Geocache—visit www.geocaching.com/guide/ to get started (Free activity)
2. Visit: Hitchcock Academy's "Travel Around Hitchcock":
www.hitchcockacademy.org/april-fun/
3. Hike, Bike or Fish—Check out local spots at: <https://www.trails.com/>
4. Free Baseball Games at Holy Cross and UMass Amherst! Check schedules out!